

**MINUTES OF THE REGULAR MEETING
NORWALK SENIOR CITIZENS COMMISSION
September 14, 2016**

The meeting was called to order by Chair Tony Ayala at 3:05 p.m. at the Norwalk Senior Center, 14040 San Antonio Drive, Norwalk, California. Responding to roll call were Commission members Caroline Ryan, Tony Ayala and Frank Napolitano. Guest present, Councilmember Cheri Kelley, Carol Hackworth, Darlene Shinkle and Belva Hammond. Also present were Social Social Services Manager Sandra Benavides, Recreation Coordinator George Buchanan, Social Services Coordinator Mike Stifel and Office Assistant II Yvette Kizziar.

APPROVAL OF MINUTES

Commissioner Ryan moved to approve the meeting minutes of the August 10, 2016 regular meeting. Commissioner Napolitano seconded the motion to approve the minutes, motion carried.

OLD BUSINESS

Comment Form Summary

Manager Benavides reported that general comments had been received for the month of August. Comments received included requests for the following: an additional stationary bike in the fitness room, a secure mail drop box, and healthier meals to be served during nutrition. Several requests to have HICAP and Medicare representatives come to the center to provide services, request for additional marketing of the Karaoke program was received. Several concerns were noted regarding the operating speed of the new laptops due to the speed of the internet connection at the center. Concerns regarding the amount of personal bags being brought into the center and the Multi-purpose room during nutrition and a statement about the coffee being too strong were also noted.

New Lap Top Program

Staff member Buchanan reported on the launch of the new Lap Top program at the center. The use of lap tops are offered Monday, Wednesday and Friday from 11:00 a.m. to 3:00 p.m. and are located in the lounge. Staff is working on offering a workshop to senior patrons on the use of social media.

End of Summer Concert and BBQ

Staff member Buchanan reported on the August 20, End of Summer BBQ and Free Concert that featured the "Jumpin' Joz Band. Staff received many compliments on this event. This concert was sponsored by Supervisor Don Knabe and the L.A. County Arts Commission.

NEW BUSINESS

Upcoming Programs

The September Candlelight dinner had 77 senior guests for dinner and live musical

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entertainment by the band "Rebirth" which the seniors enjoyed very much. The center will celebrate Mexican Independence Day on Friday, September 16 with a mariachi band and chips and salsa for all in attendance. A Grandparents day celebration is scheduled for Saturday, September 17 with musical entertainment by the band "Revolution Road", ice cream sundaes will be served to those attending the event with a paid ticket. A Fall Fashion Tea Party is scheduled for Tuesday, October 4, a tour to the Avocado Festival is scheduled for Saturday, October 8 the last Candlelight Dinner for 2016 is scheduled for Tuesday, October 11 with a "Fall Fiesta" theme. The annual Halloween celebration is scheduled for Monday, October 31, commissioners have been invited to judge the costume contest that will be part of the festivities along with musical entertainment and goodie bags.

STAFF COMMENTS

Supportive Services Program (SSP)

Staff member Stifel reported on the hours and clients serviced in the month of August. Commissioner Ayala suggested a telephone outreach program to follow up with homebound seniors staffed by volunteers. Staff member Stifel will research the necessity for outreach. Staff member Stifel also reported on the seminars and screenings scheduled for the upcoming months. A computer class for patrons with disabilities sponsored by SCRS-IL will begin on Wednesday, September 28. The seated yoga class is also offered through this agency will start a new class in October. A "What you need to know about GERD" seminar sponsored by HealthCare Partners was held on September 8, Bankers Life presented a "Long Term Care" seminar on September 13, the Public Safety Department held a "Phone and Internet Scam" Neighborhood Watch meeting on September 14, A "Medicare 101" seminar is scheduled for October 10, the annual Flu Shot Clinic is scheduled for Thursday, October 27 from 9:00 a.m. to Noon. A "Healthy Eating" presentation is scheduled for October 18. Commissioner Ayala inquired in regards to the number of SSP clients and the amount of home delivered meals for Norwalk residents. Manager Benavides reported on the Great Shakeout event scheduled for October 20 at 10:20 a.m. Manager Benavides reported on the amount of Farmer's Market coupons distributed by Oldtimers Foundation to seniors during the nutrition program.

COMMISSIONERS COMMENTS

None

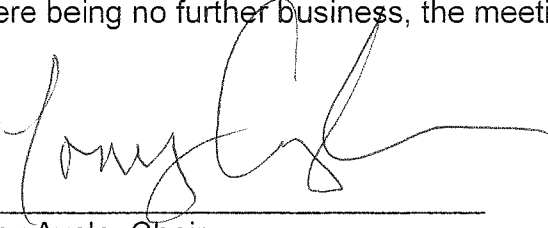
ORAL COMMUNICATIONS

Belva Hammond commented on the Homebound Seniors Telephone Outreach program, Commissioner Ayala reminded her that the implementation of this program depends on the volunteers recruited to participate.

ADJOURNMENT

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There being no further business, the meeting adjourned at 3:50 p.m.

A handwritten signature in black ink, appearing to read 'Tony Ayala', written over a horizontal line.

Tony Ayala, Chair
Norwalk Senior Commission